



## **Expand Your Healing Powers With the Preeminent Energy Medicine Toolkit™ Healing the Original Soul Wound Cyndi Dale**

Cyndi: Hi. I'm Cyndi Dale. Like you, I've often been astonished and dismayed by how many issues seem to take forever to clear. Some of those real tough ones where we get really stuck, where no matter what we do physically, therapeutically, meditatively, we just can't seem to budge what's occurring. Well, I'm going to talk about why that might be the case, and then also offer a guided meditation so you can get underneath those most entrenched issues, or at least one of them, to free yourself. So you can be who you really are now and continue to open your life in a way that you would like it to be opened.

Why do some issues seem to take forever? What's the gravitas around those? I want to explain a little bit of how these issues get in our body in the first place and perhaps impact our self-esteem, our physical health, our finances, our relationships, the way we perceive ourselves and the world. We all have a spirit. In fact, we are a spirit. Your spirit is your essence. That's the part of you that knows that it is and has always been and will continue to be connected to the source, to higher power, to whatever it is you call the Great Spirit. When your spirits sort of left, though it never really leaves, but decided that it wanted to be part of this great endeavor of the universe and create more love, a part of it became smaller than the greater overarching unique self or essence, who you are, and turned into your soul. Your soul is that part of you that travels across time, incarnating different planets, different places. Here you are right now. Your soul is here within and around this body in order to gain experiences about love. To learn about love and to create from your spiritual essence.

You, just like me, have probably had thousands and thousands of different types of soul incarnations. Again, maybe here, maybe elsewhere, in order to learn about love. And even more importantly to innovate, to learn how important it is to love the self, to love others, to bring in love from that greater presence, and to make something unique, out of your own natural being. In our daily lives, these entrenched issues certainly might be caused by how we're operating right now in

the moment. More than likely, however, they also track back to childhood, especially to age four, including the womb and frankly preconception, where we're absorbing what's around us. What is also being activated within us our ancestral memories. At least 14 generations at least of your ancestors exist on this sort of chemical soup called the epigenome that kind of moves and slides around your actual so-called coding DNA and turns genes on and off. Thus giving you patterns, reactions, the ability to be proactive in certain situations, but typically negative programs, which are in your body and you develop in all aspects of yourself, including your subtle body in order to survive and to attempt to thrive. Here in this body, you've got your own beliefs and reactions that are based on your personal life experiences, your familial tracks, as well as your ancestors. But before you even came toward this body, you have most likely experienced other lifetimes and in-between lives.

All of those can also be a source of challenge for right now. Because during preconception, those are loaded into your chakras, your energetic anatomy, but also your epigenome, and all aspects of you that eventually create your neurological system, your physical body, your neurology etcetera. When we in the energy medicine community are working on stuck issues, patterns that we don't like that which we love to have disappear, but no matter how many times we sit across from a therapist it never seems to help, we often go back and look at past lives. We need to look before then if we really want to heal the soul of that which is most deeply impacting it negatively, in the depths of its crevasses. We need to heal the soul not just of what its gone through in past incarnations or in between lives, but we need to work on what I call the original soul wound. Let me go back and tell a little bit more of this story. Here you are, your essence. You're in the source. You're drifting around. You're happy. Everybody helps everybody else. You're unique but you're also in the all, the oneness, interconnected. Which almost every religion in spirituality talks to at some level.

Quantum physics actually does too. It does talk about this field that we're a part of. And that before the Big Bang, there was some kind of space and light, often called the absolute light that was present and still exists in this, the expanding universe. Just for a second, I want you to kind of just feel into that space, that place, that all-encompassing oneness that you did experience, and at some level still are as an essence and in within through source. It doesn't matter how you're defining yourself now. This is that absolute self. Back then, you can even say right now, there's a prompting, a call, a stirring, sort of like this is beautiful, this is great, this is supportive, this is love. Does not love want to create more love? You notice that the source affirms and agrees and that in this place of encouragement toward becoming unique and inscribing whatever the universe is going to be with your own brand and signature of love, you can notice that an aspect of you becomes a little more dense, a little more solidified, and turns into your soul.

Still in this source, that aspect of you, your soul is also knowingly interconnected to its own, your own Greater Spirit, and also the oneness, the all, the presence. Yet out there is the frontier, the great unknown, the place that has not been signaturized, that hasn't been codified, the void that's neutral, that isn't love but isn't not love either. That's where your soul, with the support of your signature self, your spirit self is being drawn. Before you head out, you pass into that great frontier. Even now, you're remembering that what occurred and is kind of occurring now was that you were instructed, you were informed, that once you so-called cross the threshold of pure source into the unknown, your soul, although it will be connected to your own essence and to the greater unity, is going to undergo change, conflict, what is going to perceive as being not love, at least not love yet. It will therefore experience what it's going to feel like and actually turn into a wound, an injury, a place, a belief, a perception that's going to insist I'm not loved. Others don't deserve love. Spirit doesn't love. Something vital and true isn't true, does not exist.

Your soul was told and is being told that as it again crosses that threshold, there's going to be an original wounding, a first time, a first experience that's going to give it that belief. That's going to invite it to believe in something that really isn't true. It's going to make it think that there is separation, even though there's never separation. There's always connection. Now, again, your soul is being kind of warned. You're going to believe that that original wounding, which you might undergo alone or perceive comes from spirit or from other souls is going to lock in. There's a reason for that. Where it gets locked in, there's going to be what eventually will be called karma. Which is really the place in which we have to learn the truth of love. But that karma after the original soul wounding is going to reverberate in the soul across time and space into all lifetimes until it's resolved, until love really becomes known as always active, always actual, always present and transformative.

When that original soul wound is healed, there are aspects of it, parts of it, elements of it get healed, that karma invitations to learn that all really is love will transform into dharma. The knowing, the knowledge, the unshakable belief and embrace that everything has always been love and about love, and you've always been loved and are just this unique bubble of joy and love. That original soul wound though, and you haven't had it yet in our journey time, will be deep because it needs to be, will be causal of all other wounds, injuries, misperceptions, emotional problems and challenges, relationship ills, addictions, financial hardships, physical health problems, because it's that important to know love in all aspects of self. Because how else could you create love where there's neutrality? Where there's nothing? And at some point, where there actually is pure lack, hostility, violence, and pain? The reason for that original soul wound, however it will and you'll re-experience it does come about, is ultimately about love and can ultimately be fully transmuted.

Here you are. You're back in time in this source. You are a spirit. Your soul is may be quaking a little. It's going to go forth. It knows that there's going to be a wounding. It's prepared maybe. Not really. Now, before we re-experience, that soul wounds, this time, your soul, not quite so naive, is going to say to spirit, its own spirit and the Greater Spirit, help me. I want help. I want allies present. I'm going to go into and through that wounding, and I also want to learn from it simultaneously and allow it to be healed or transformed as I'm being wounded. And also forward across time and space, to any incarnations that I am going to be, could be, will be, I want help, I want healing. Now, breathing deep, reengaging as the soul you were and are going to be in our being again, you notice that your spirit allies really do lift you across the threshold through a portal from source into the great unknown, toward the adventure of becoming.

You sense the presence of those assistants. You hold into and trust the grace of your own spirit and the Greater Spirit. However alien and alone you might have felt the first passage, you now don't. Yeah, you're a soul. You're new. It's exciting. You know you're not prepared, but you are of love. You're made of love and it's all about love. And then you experience or re-experience that original wounding. You're the soul surrounded by and within your own spirit, with the source and spirit allies present, afflicted with the wounding. You allow yourself to reflect on the nature of that wounding, what it feels like. The causal factors, is it internal? Is another soul or souls involved? Are there other beings involved? Places? Planets? What is actually happening? What happens inside of your soul that makes you feel wounded, ashamed, scared, emotional? What are any beings external to you inferring about you, your nature, your lovability, your worthiness? And how are you implicating a lack of lovability inside of your own soul? Also ask your own spirit, guiding spirits and the Great Spirit, how does this injury impact you, your soul, in this very second that you're going through the wounding? And how will it impact you future forward? What's going to be the influences all the way up to that self in the 21st century who is looking at this right now?

Back here in the wounding time, what can be shifted or transformed during the wounding to heal in this moment and all moments going forward? What is the truth to understand? What is the type of love that's needed to allow healing inside and maybe to offer it externally as well? Who or what needs to be forgiven, released from judgment? Do you now have an awareness of a misperception that you actually created within yourself? Can you forgive yourself for that? Are you willing to allow in streams of grace, energies of love, love that makes a difference for shifting inside and outside and across time? Those streams of grace scientifically, you'll find out in your future, are actually called scalar waves. They're energies of light, of purity. They're made out of that absolute light of the source. Those are the type that you're allowing in and around. They can move faster than the speed of light.

There is instant healing and shifting and the support in making changes through all levels of your soul anywhere and anywhen that it's been and it is from the 21st century perspective. Even as this firstly wounded itself is reflecting truth and grace, and all other aspects and experiences of your soul are too, you can now re-identify with here and now your 21st century self. Feel the physical changes that are just beginning on the cellular and chemical levels of this healing across time and space. The delivery of truth and grace. You're going to start sensing the psychological alterations. Some of the movements of your spirit which can now more fully land and be ingratiated within your body and around your body. And because we're working with absolute light, with grace, with these beautiful pure scalar waves, all assistants will continue to support you unconditionally, powerfully and perfectly in transformation here and across time. Breathe into this body. Allow the trail of history to continue to change because all you need to do is be here and be now and be self, and you'll get to experience a different way that the future opens up for you. You'll be meeting your destiny on the road. It will meet you. It will greet you. That optimum future you so desire and deserve is here, is in, is now. For all is love. Breathe deeply. You can feel your feet on this good Earth present, your whole body, your energy system. The light and the sounds of love continually reverberating as this healing transformation of the original soul wound alters you toward your own real being and the joy that's ever unfolding. Breathe deeply and return to your life in oneness when you're ready.

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