



Energy Healing Certification Program™

Immersion Program Syllabus

Curriculum Details for Part One: The Immersion

Unit 1: Fundamental Tools & Energetic Systems Empowering Yourself on All Levels of Reality for Self-Healing

What are these **four pathways of energy healing**? Essentially, they are:

- The **Elemental Pathway** as the fundamental building blocks of the material world.
- The **Imaginal Pathway** as the shamanic portals and magical dimensions.
- The **Power Pathway** has access to supernatural forces and qualities.
- The **Divine Pathway** is attunement to miraculous states and activities.

They provide a structured and empowering approach that allows transformation on every level of your being, body, mind, and soul. These four pathways are different levels of reality on which everyone operates. Interacting through them can unlock exponential and magical change.

During Unit 1, you'll discover:

- The primary tools and concepts to **advance physically, psychologically and spiritually along any of the pathways** so you can emerge more whole, enlightened, and joyful.
- A logical set of activities that **combine ancient and modern wisdom** with the rigors of science.
- Opportunities to **practice performing masterful energy work** on yourself and on others.
- Introductory knowledge of and experiences with each of the four pathways and the **galvanizing powers you can unlock** from each.
- In-depth **scientific and spiritual exploration** of the major energies and universal structures that underlie life and support high-level transformation including a primary and secondary grid, universes, levels, and fields of energy that cause and stop negative patterns.
- The **basics of the twelve-chakra system** and the structure of each chakra, which can enable you to analyze and shift anything from major illnesses to emotional challenges.
- The **types of deep blocks** that prevent the embodiment of spirit.
- Practices featuring **your new vital energy healing toolkit:** Spirit-to-Spirit, three types of light Absolute, Virtual, and Polarity, Scalar Waves/Streams of Grace and the all-important God Spot.
- Education about and practice with the **12 types of intuition** divided into four categories.
- The fundamentals of how to distinguish between light and dark spirit-guidance.
- **Mastery of your inner vision** including hearing, sensing, and knowing
- Guided **meditations, demonstrations, and excavations** into these all-powerful processes and their corresponding data so you can immediately begin to uplift your life and spirits.

Unit 2: Energizing the Everyday Into the Amazing Through the Elemental Pathway

Interacting on the Elemental Pathway is key to composing a truly great *real* life. One that helps transform challenges into a basis for abundance, emotional stability, financial steadiness, expressive creativity, physical well-being and of course, love. On this pathway, you'll empower yourself to assess and shift the foundational building blocks of our physical reality. This is the place and space of *polarity light*, where you heal your past wounds, land in the present, and help create a future through interacting with the most primal of energy principles. You'll explore how to comprehend energy structures like light and sound; negatively, positively, and neutrally charged wave-particles; and the science and spirituality behind these components.

During Unit 2, you'll explore:

- An extensive **toolkit of teachings and practices based on energy healing fundamentals** from subtle elements to colors and shapes, and microbial to trauma-inducing forces.
- A scientific and practical working knowledge of the **basic energetic wave-particles and fields of energy** that make up everything within and around you including light, sound, and electrical-magnetic frequencies and how simple shifts of these units can perform small to significant transformations.
- The empowering ability to move the most vital energetic bodies and fields of nature including the ground-rooting *Vivaxis*, the energy plumb line that runs through your navel.
- Ways to **tap into the subtle and natural energy lines of the Earth and cosmos** plus the opportunity to receive signs and open yourself up to a totem.
- Attunement to the **red serpent Kundalini** and the safest way to activate and guide it upward to fuel your life energy, healing,

manifesting, and joy.

- The existence of your *kanda*, an **in-body access to the spine and nervous system**.
- A **deep comprehension of the role of feelings and beliefs** (or emotions) and how to unpin them for full freedom in the most graceful way including the three fundamental tools available for finding and releasing entities and dark forces.
- The **fundamental building blocks of everyday reality**, a rich composite of subjects, including subtle elements; colors, shapes, numbers, and sounds; and the frequencies of food, water, and other bodily needs.

Unit 3: Harnessing Your Otherworldly Shamanic Potencies Through the Imaginal Pathway

What might you accomplish with full access to, and activation of, your otherworldly mystical powers? On the Imaginal Pathway, the shamanic capabilities for visiting the known and unknown worlds lie within you. They make it possible to uncover mysteries, access past lives, discover ancestral and interplanetary powers, and forge links to potent antidotes for just about anything. You'll meet your eighth-chakra, or mystical, self, then dive right into using the tool kit employed by shamans across time. Cyndi will also guide you through an in-depth exploration of the science of time, space, and the universe.

During Unit 3, you'll explore:

- Personal transformation through **soul journeying**, uncovering and repairing your main **soul wound**, exploring **ancestral and soul issues**, activating past-life abilities, the practice of **futuring**, and more.
- Creating change in all levels of your life as you heal from matters of darkness and **access the records of the soul**.
- The **roots of your own shamanic powers and temperament**, located

above your head in the caches of the eighth chakra.

- The **depths of your soul's gifts** and performing deep-level healing work.
- The **science of time, space, and many worlds**. What and how to tap your mystical motivations so you can follow the threads of time and space into your ancestor's lives, past lives, parallel lives, and future time to shape the here and now.
- Ways to **make actual changes in everyday reality** through vehicles such as the meridian-based *ming men* doorway, which is available during pre-conception, and interactions along the astral plane.
- **Parting the veils separating you from other realms and worlds** you'll employ the Arabic Imaginal Realm Theory to link with other planets and the spirits of plants and animals. You'll also use storytelling and dreamwalking for healing and creating.
- How to probe **The Akashic and Shadow Records and the Four Zones of the Soul**, white, gray, red, and black for phenomenal healing, entity-releasing, and life-energy building.
- The **mirrors of the Imaginal Pathway** afford the simplest way to shift energies between spaces.

Unit 4: Linking the Elemental & Imaginal Pathways for Further Transformations

At this point in your journey, you've already initiated great changes for yourself. You've accelerated your healing, turned on spiritual gifts, and deepened your sense of soul, strengthening your self-transformation and powers next, with activities that blend the Elemental and Imaginal.

During Unit 4, you'll discover:

- The roles of **physical, psychological, and subtle energies and charges**

in the creation of physiological and psychological trauma and simple ways to alleviate the after-impact of trauma on every level.

- The **scientific and energetic world of microbes** and ways to implement your knowledge of the subtle elements to create more balance and ease where inflammation and disease exist.
- How to **interact on all levels with your energy field**, encompassing the powers available through the external energy egg and the tenth auric field, the shaman's rich fount of data and ancestral, past, and future connections.
- How to **tap into your body's gamma consciousness**, a guru-level state of being that enables pure healing while simultaneously walking in the everyday world.
- Ways to **combine gamma consciousness with changes in the body's storage** of trauma in the infra-low brain state.
- The **ninth chakra, the beautiful gold energy body above the head**, that holds keys to unlocking health and well-being.
- **How to empty your Imaginal-Realm knowledge** to invite spirit allies to bring you everything you need to support goodness, health, and peace.
- Additional **burdens caused by subtle forces and charges**, enabling you to clear and recover from the imprints of your past lives, ancestors, and events from this life.
- Deep trauma-healing to help clear everything from physical challenges to addictions to nourishment issues.
- Insights into the subtle elements to **change your relationship with the main microbial families** with the goal of alleviating negative patterns and inflammation in the body.
- How to work within the energetic field, where you'll **perform healing and invite manifestation** before jumping into the exciting exploration of your ninth chakra and its keys to change.