



Enneagram Teacher Training Certification™ Program Syllabus

Take the fruits of all you've received and worked for in your year-long program of intensive self-development with Russ and Jessica — and learn to use it professionally in service to the healing and growth of others with unbroken presence, connection, and consciousness.

Cultivate your capacity as a teacher, coach, or therapist through Russ, Jessica, and Gayle's expert wisdom and transmission — to deeply understand how your Enneagram type can most effectively impact your students and clients for their optimal growth and healing.

Curriculum Details for Certification

Unit 1: Honing Your Instrument — Foundations & Principles of Teaching the Enneagram/Consciousness and Orientation of the Teacher

As your journey begins, you'll focus on interpreting and integrating all you've learned in the year-long Enneagram Certification Program in Conscious Living.

You'll *hone your instrument* as you prepare to become a masterful, grounded, discerning channel who will transmit this extraordinary body of knowledge with deep understanding, skill, and genuine compassion.

As you acknowledge the profoundly illuminating psychospiritual dimensions of the Enneagram system, you'll explore the fundamentals of the orientation of the teacher, asking: *Who am I, and what am I bringing forth — both*

consciously and unconsciously — in my endeavor to faithfully represent this work to students and clients?

You'll come to understand how habits of mind and traits of personality fixation and bias can distort your view and hinder your effectiveness as an educator and guide.

You'll develop an awareness and appreciation of the significance of your personal narrative, character and gifts — as applied to Enneagram teaching, coaching, and consulting.

During Unit 1, you'll discover:

- An awareness and understanding of the **spiritual history, context, and implications** of the Enneagram system of personality — and how your personal psychospiritual orientation and beliefs inform your teaching and coaching
- A deeper awareness and understanding of your personal programming, predispositions, and experiences that can prevent you from showing up and teaching most authentically and compassionately — so you can **generate openness, build confidence and trust**, and have a transformational impact on students and clients
- A focused, articulated exploration and **understanding of your own Enneagram personality structures**, along with their intrinsic preferences and biases
- A deeper **understanding and appreciation of all 9 Enneagram types** based on your own lived experience — so you can transmit your understanding of the types from the perspective of having inhabited each of them personally
- Creative tools and practices for grounding in and **sourcing all 3 Centers of Intelligence** — locating and developing your own genuine inner wisdom and intuition, and expanding your self-knowledge and self-confidence
- And more...

Your Unit 1 classes include:

- **Class 1: Opening Class (Russ, Jessica, Gayle, Julie, and Deborah)**

- **Community Gathering & Program Logistics (Ann)**
 - **Class 2: Orientation to Program — Principles of Teaching and Introduction to Student Teaching & Feedback (Gayle)**
 - **Class 3: The Spiritual Context — Orientation of Teacher (Gayle)**
 - **Class 4: Instructions & Guidelines for Student Teaching & Feedback Sessions (Gayle)**
 - **Class 5: The 3 Centers of Intelligence & Teaching (Gayle)**
 - **Class 6: Presentation Skills for Online Teaching & Q&A (Gayle & Ann)**
 - **Class 7: Enneagram Point / Type & Teaching I (Gayle)**
 - **Class 8: Enneagram Point / Type & Teaching II (Gayle)**
 - **Class 9: Transforming Our Fears and Resistances about Transmitting Enneagram Wisdom (Jessica)**
 - **Class 10: The Harmonic Triads & Teaching (Russ)**
 - **Class 11: Essential Qualities & Teaching (Gayle)**
 - **Class 12: The 3 Instincts & Teaching (Gayle)**
 - **Class 13: Enneagram Type Biases & Stereotypes (Gayle)**
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Unit 2: The Students, The Classroom, and You – Working With Students, Transmission, Class Structure, Experiential Work, Working Online, and Social & Cultural Issues

You'll shift and expand your focus from a deep, introspective cultivation of you, the instructor — to a broader focus on the interpersonal relationships and dynamics between teacher and student, or therapist/coach and client.

You'll learn how to facilitate and maintain the classroom or session room as a safe and sacred container for the work.

You'll explore **strategies for facilitating exercises**, answering questions, inviting participants into interactive inquiries, and supporting them throughout their process. You'll explore how to maintain appropriate boundaries, debrief effectively, and offer constructive feedback and guidance.

When you teach, you're consciously tuning into and creating a shared field, energetically vibrating together like tuning forks. The teacher is the initiator

and conductor throughout...

The **psychological and spiritual revelations** of Enneagram studies can feel harsh, sometimes triggering strong emotional reactivity in your students. You'll explore how to develop the capacity for "not leaving the seat" when dealing with troubled or difficult students — and disruptive situations that can test your own emotional reactivity.

During Unit 2, you'll explore:

- Ways to prepare yourself physically, mentally, and emotionally to **create the container**, maintain presence and energy, and generate the alchemy to nurture transformation
- Best practices for **communicating and working with students...** guiding and supporting their individual processes... incorporating panels, group exercises, and audio-visual media... and dealing with difficult situations
- Therapeutic **transference and countertransference** as it applies to therapists, teachers, counselors, and coaches
- Teaching the Enneagram in foreign countries and to people of various cultures and ethnicities — examining the critical issues of inclusion and diversity in your approach to teaching and facilitating groups
- And more...

Your Unit 2 classes include:

- **Class 1: Transference & Countertransference (Jessica)**
- **Class 2: Class Structure, Design & Purpose (Gayle)**
- **Class 3: Experiential Practices I (Julie)**
- **Class 4: Experiential Practices II (Julie)**
- **Class 5: Inclusion & Diversity I (Dr. Egerton)**
- **Class 6: Inclusion & Diversity II (Dr. Egerton)**
- **Class 7: Cultural Competency: Teaching in Different Countries & Cultures (Russ)**
- **Class 8: Transmission & Teaching (Jessica)**
- **Class 9: Transmission & Teaching (Russ)**
- **Class 10: Working With Students — Issues & Strategies (Gayle)**
- **Class 11: Co-Teaching: 3 Centered Transmission With Extended Q&A**

Part I (Russ & Jessica)

- **Class 12: Co-Teaching: 3 Centered Transmission With Extended Q&A**

Part II (Russ & Jessica)

- **Ten Student Teaching & Feedback Sessions**
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Unit 3: Student Teaching and Feedback — Taking the Teacher's Seat

Russ, Jessica, and Gayle will support your personal development — and your ability to articulate and transmit the Enneagram in a mature, compassionate, and transformative way.

You'll have the **opportunity to prepare a 15-minute teaching** on an aspect of the Enneagram and present it to your pod and teacher. You'll then receive structured, constructive feedback from your teacher and several members of the class, plus written feedback from other attending students.

You'll feel empowered to stand and deliver the material you've been studying and integrating over the past months and years. It's your opportunity to discover, develop, and embrace your unique refraction of teaching as it emerges through you.

This will be your chance to **practice and abide in your own possibilities**, learning to teach from grounded presence — connecting from a real, centered place within yourself.

At this point on your journey, you'll learn to trust the material and the moment — and trust in the truth of your own experience.

You'll explore how to abide in presence, maintain focus, and connect with your students. This is an opportunity to **show who you are as a teacher** — including what you choose to say to pique your students' interest and curiosity, winning their trust and confidence as you invite them into this sacred endeavor.

During Unit 3, you'll:

- Complete this program with a **renewed sense of what you need** for your continued maturation and inner work as you represent and teach the Enneagram as a path to psychospiritual development and transformation
- Have a **deeper appreciation for the process** of preparing material and teaching from presence.
- Cultivate an embodied experience of **teaching in front of a live class** and working with the Enneagram yourself
- Feel sufficiently practiced to go out into the world to **teach the Enneagram with ease**, expertise, and self-confidence
- Become **equipped to inspire and empower** your own students and clients to become more connected to their own human potential and possibilities — thus contributing to the healing benefits of humanity.
- And more...

Your Unit 3 classes include:

- **Eleven Student Teaching & Feedback Sessions**
 - **One Signature Class: Bringing It All Together**
 - **One Finale & Farewell (Russ, Jessica, Gayle, Julie, and Deborah)**
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