



Enneagram Certification Program in Conscious Living Program Schedule*

Color key

Recorded Teachings (59 sessions): Released Thursdays at 12:00pm Pacific

Live Integration (44 sessions): Wednesdays at 10:00am Pacific

Breaks / No Live Integration Session

Add to your Calendar:

[Google Calendar](#)

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**Schedule is subject to change*

Unit 1: Foundations of the Enneagram — Integrating Body, Heart & Mind

Day	Date	Title
Wed	4/17/2024	Orientation & Community Gathering
Thurs	4/18/2024	Unit 1, Teaching 1: Authentic Orientation to the Enneagram and Awakening
Wed	4/24/2024	Live Integration Session
Thurs	4/25/2024	Unit 1, Teaching 2: Terms of the Enneagram
Wed	5/1/2024	Live Integration Session
Thurs	5/2/2024	Unit 1, Teaching 3: The Body Center and Somatic Presence
Wed	5/8/2024	Live Integration Session
Thurs	5/9/2024	Unit 1, Teaching 4: The Heart Center and Emotional Presence
Wed	5/15/2024	No Live Integration Session
Thurs	5/16/2024	Unit 1, Teaching 5: The Head Center and Awareness Presence
Wed	5/22/2024	Live Integration Session

Thurs	5/23/2024	Unit 1, Teaching 6: The Levels of Development and The Hornebian Triads
Wed	5/29/2024	Live Integration Session
Thurs	5/30/2024	Unit 1, Teaching 7: The Harmonic Triads and Inner Lines and Development Part 1 Unit 1, Teaching 8: Inner Lines and Development Part 2
Wed	6/5/2024	Live Integration Session
Thurs	6/6/2024	Unit 1, Teaching 9: Experiential Practices for the Path of Each Point
Wed	6/12/2024	Live Integration Session

Unit 1 Intensive - Nine Points & Three Centers of Intelligence

Day	Date	Title
Thurs	6/13/2024	Unit 1 Intensive Teaching 1: Nine Points Intensive - Healthy, Average, Unhealthy Aspects of Type The Body Center
Wed	6/19/2024	Live Integration Session with Gayle Scott
Thurs	6/20/2024	Unit 1 Intensive Teaching 2: Nine Points Intensive - Healthy, Average, Unhealthy Aspects of Type The Heart Center Unit 1 Intensive Teaching 3: Nine Points Intensive - Healthy, Average, Unhealthy Aspects of Type The Head Center
Wed	6/26/2024	Live Integration Session with Gayle Scott
Thurs	6/27/2024	Unit 1 Intensive Teaching 4: Imbalance of Centers Part 1 Unit 1 Intensive Teaching 5: Imbalance of Centers Part 2 & The Law of Seven
Break July 1 - July 5, 2024		
Wed	7/10/2024	Live Integration Session

Unit 2: Embodying the Power & Wisdom of the Instinctual Drives & Subtypes

Day	Date	Title
Thurs	7/11/2024	Unit 2, Teaching 1: The Instinctual Drives and Awakened Somatic Intelligence
Wed	7/17/2024	Live Integration Session

Thurs	7/18/2024	Unit 2, Teaching 2: Cultivating Awareness of the Self-Preservation Instinct
Wed	7/24/2024	No Live Integration Session
Thurs	7/25/2024	Unit 2, Teaching 3: Cultivating Awareness of the Sexual Instinct
Wed	7/31/2024	Live Integration Session
Thurs	8/1/2024	Unit 2, Teaching 4: Cultivating Awareness of the Social Instinct
Wed	8/7/2024	Live Integration Session
Thurs	8/8/2024	Unit 2, Teaching 5: Creating Greater Balance in Our Lives Through Awareness of the Instincts
Wed	8/14/2024	Live Integration Session
Thurs	8/15/2024	Unit 2, Teaching 6: Experiential Journey: Unconscious to Conscious Development of the Instinctual Energies
Wed	8/21/2024	Live Integration Session
Thurs	8/22/2024	Unit 2, Teaching 7: Using the Enneagram's Instinctual Subtypes to Achieve Powerful Growth Shifts, Part 1 with Beatrice Chestnut & Uranio Paes
Wed	8/28/2024	No Live Integration Session
Thurs	8/29/2024	Unit 2 Teaching 8: Using the Enneagram's Instinctual Subtypes to Achieve Powerful Growth Shifts, Part 2 with Beatrice Chestnut & Uranio Paes
Wed	9/4/2024	Live Integration Session

Unit 3: Cultivating the Virtues — Developing the Potential of the Human Heart

Day	Date	Title
Thurs	9/5/2024	Unit 3, Teaching 1: Awakening the Capacities of the Heart with Sandra Maitri
Wed	9/11/2024	Live Integration Session
Thurs	9/12/2024	Unit 3, Teaching 2: Understanding and Developing Innocence, Engagement and Serenity
Wed	9/18/2024	No Live Integration Session
Thurs	9/19/2024	Unit 3, Teaching 3: Understanding and Developing Humility, Authenticity, and Equanimity
Wed	9/25/2024	Live Integration Session
Thurs	9/26/2024	Unit 3, Teaching 4: Understanding and Developing Non-Attachment, Courage and Sobriety

Wed	10/2/2024	Live Integration Session
Thurs	10/3/2024	Unit 3, Teaching 5: Experiential Journey for Developing the Virtues
Wed	10/9/2024	Live Integration Session

Unit 4: The Holy Ideas — The Higher Mind & the Flowering of Logic, Intuition & Vision Russ

Day	Date	Title
Thurs	10/10/2024	Unit 4, Teaching 1: Living from Awakened Mind with Hameed Ali
Wed	10/16/2024	No Live Integration Session
Thurs	10/17/2024	Unit 4, Teaching 2: Understanding and Contacting Holy Truth, Holy Love, and Holy Perfection
Wed	10/23/2024	Live Integration Session
Thurs	10/24/2024	Unit 4, Teaching 3: Understanding and Contacting Holy Freedom, Holy Hope, and Holy Origin
Wed	10/30/2024	No Live Integration Session
Thurs	10/31/2024	Unit 4, Teaching 4: Understanding and Contacting Holy Omniscience, Holy Faith, and Holy Plan
Wed	11/6/2024	Live Integration Session
Thurs	11/7/2024	Unit 4, Teaching 5: Experiential Journey for Contacting and Embodying the Holy Ideas
Wed	11/13/2024	Live Integration Session

Unit 5: Living Closer to Essence

Day	Date	Title
Thurs	11/14/2024	Unit 5, Class 1: Envisioning What is Possible
Wed	11/20/2024	Live Integration Session
Thurs	11/21/2024	Unit 5 Teaching 2: Essence, the Transparent Veil, and the Missing Piece, Part 1 Unit 5 Teaching 3: Essence, the Transparent Veil, and the Missing Piece, Part 2
Thanksgiving Break: November 25 - November 29, 2024		
Wed	12/4/2024	Live Integration Session

Thurs	12/5/2024	Unit 5, Teaching 4: Essence, the Transparent Veil, and the Missing Piece, Part 3
Wed	12/11/2024	Live Integration Session
Holiday Break: December 12, 2024 - January 7, 2025		
Wed	1/8/2025	Live Integration Session
Thurs	1/9/2025	Unit 5, Teaching 5: Authentic Love — Part 1
Wed	1/15/2025	Live Integration Session
Thurs	1/16/2025	Unit 5, Teaching 6: Authentic Love — Part 2
Wed	1/22/2025	Live Integration Session
Thurs	1/23/2025	Unit 5 Teaching 7: The Laws of One, Three and Seven, with Cynthia Bourgeault

Unit 6: The Art of Recognizing the Types of Other People

Day	Date	Title
Wed	1/29/2025	No Live Integration Session
Thurs	1/30/2025	Unit 6, Teaching 1: Orientations of Typing as Discovery and Growth
Wed	2/5/2025	Live Integration Session
Thurs	2/6/2025	Unit 6, Teaching 2: Facial, Movement and Verbal Expressions of Type with Katherine Chernick Fauvre
Wed	2/12/2025	Live Integration Session
Thurs	2/13/2025	Unit 6, Teaching 3: Clarity in Typing with Ginger Lapid-Bogda
Wed	2/19/2025	Live Integration Session

Unit 7: Methods & Practices for Discovery & Transformation

Day	Date	Title
Thurs	2/20/2025	Unit 7, Teaching 1: Perspectives on Transformational Coaching with Others with Tom Condon
Wed	2/26/2025	No Live Integration Session
Thurs	2/27/2025	Unit 7, Teaching 2: Essence Coaching with Roxanne Howe-Murphy
Wed	3/5/2025	Live Integration Session
Thurs	3/6/2025	Unit 7 Teaching 3: Object Relations with Belinda Gore
Wed	3/12/2025	Live Integration Session with Belinda Gore

Thurs	3/13/2025	Unit 7, Teaching 4: The Embodied Enneagram: a Doorway to Your Emotional Mastery with Andrea Isaacs
Wed	3/19/2025	No Live Integration Session
Thurs	3/20/2025	Unit 7, Teaching 5: Integrated Power, Presence, and Dynamism with Qigong with Kathy Jankowski
Wed	3/26/2025	Live Integration Session
Wed	3/26/25	Additional Breathwork Session with Jessica Dobb (from 2 to 4pm Pacific)
Thurs	3/27/2025	Unit 7 Teaching 6: Understanding and Experiencing the Nine Points Somatically with Marion Gilbert
Wed	4/2/2025	Live Integration Session with Heather Ruce
Thurs	4/3/2025	Unit 7 Teaching 7: Understanding How and When to Use Logic and Intuition with Mario Sikora and Russ Hudson
Wed	4/9/2025	Live Integration Session
Thurs	4/10/2025	Unit 7, Teaching 8: Narrative School Methods of Transformation - Terry Saracino & Christopher T. Copeland Unit 7, Teaching 9: Narrative School Panel Methodology - Terry Saracino & Christopher Copeland
Wed	4/16/2025	Additional Breathwork Session with Jessica Dobb
Thurs	4/17/2025	Unit 7, Teaching 10: Creating Three Centered Practices for Full Transformation
Wed	4/23/2025	Live Integration Session

Unit 8: The Enneagram as a Tool for Cultural Competency & Inclusivity

Day	Date	Title
Thurs	4/24/2025	Unit 8, Teaching 1: Understanding Systematic Oppression and How our Enneagram Work is the Key to Changing it with Dr. Deborah Egerton & Milton Stewart Unit 8, Teaching 2: The Enneagram Journey: From Active and Passive Othering to Inclusion and Advocacy with Dr. Deborah Egerton
Wed	4/30/2025	Live Integration Session with Dr. Deborah Egerton
Thurs	5/1/2025	Unit 8, Teachings 3: The Enneagram for Collective Liberation: Moving from Knowledge to Empowered Action with Abi Robins

		Unit 8, Teachings 4: Enneagram-Based Strategies for Anti-Racism with Tyler Sit
Wed	5/7/2025	Live Integration Session

Unit 9: Building Transformational Communities with the Enneagram

Day	Date	Title
Thurs	5/8/2025	Unit 9, Teaching 1: Transforming Communities and Being Transformed by Community — Part 1 with Jessica & Deborah Ooten Unit 9, Teaching 2: "Transforming Communities and Being Transformed by Community — Part 2 with Russ, Jessica & Deborah Ooten"
Wed	5/14/2025	Live Integration Session

Unit 10: A Scientific Approach to the Enneagram

Day	Date	Title
Thurs	5/15/2025	Unit 10, Teaching 1: Towards a Scientific Understanding of the Enneagram with Dr. Dan Siegel and Jessica Dibb
Wed	5/21/2025	Live Integration Session with Dr. Daniel J. Siegel
Thurs	5/22/2025	Unit 10, Teaching 2: Neurological Potential with the Enneagram with Jerome Lubbe and Russ Hudson
Wed	5/28/2025	Live Integration Session

Unit 11: Implications of the Work

Day	Date	Title
Thurs	5/29/2025	Unit 11, Teaching 1: Holy Ground and Whole Living with Russ & Jessica
Thurs	5/29/2025	Unit 11, Teaching 2: Holy Vision and Whole Living with Russ, Jessica & Julie
Wed	6/4/2025	Final Live Integration Session & Program Completion

Elective Sessions

Throughout the year, you'll have access to a variety of workshops by special guest faculty on

key Enneagram-related topics. To earn your certification, reviewing a minimum of three workshops throughout the year is required, although you're more than welcome to review as many as you'd like.

These recordings will be released on August 15, 2024 and the following weeks.

Hidden Hazards: Policing through the Lens of the Enneagram with Mike Alexander
The Enneagram as a Tool to Navigate Addiction and Recovery with Michael Naylor
Conscious Parenting: How to Deepen and Transform Your Connection with Your Children with Tracy Tresidder
Enneagram Prison Project, 9PrisonsONEKey with Susan Olesek
The Feminine Through the Three Centers of Intelligence with Julie Harris
Defended or Not Defended That is the Question: How Our Enneagram Type and Wellbeing Impacts Our Relationships with Suzanne Dion
Deep Dive into Point Six with Gayle Scott
Specific Practices to Interrupt the Ego's Habit of Co-opting Experiences of Essence with Jessica Dibb
Spiral Dynamics with Deborah Ooten