



The Evidential Mediumship Academy – Essentials

Full Program Syllabus

Begin a life-changing spiritual journey, building your capacity to serve as a conduit for accurate evidential communication with the spirit world.

Build a strong foundation for becoming an effective evidential medium who compassionately serves those on both sides of the veil — while gaining personal, professional, and metaphysical wisdom and skills that continue to blossom over time.

Part I: Understanding the Whole Medium

Unit 1: Understanding Yourself, the Spirit World & Ethical Mediumship

In this unit, you'll explore:

- Mavis Pittilla's holistic approach to **evidential mediumship** training that focuses on fostering the whole medium, not just the mechanical medium, so you can become a professional, authentic spiritual medium
- A broader understanding of your physical and spiritual nature, fostering deeper **self-awareness** and connection
- The importance of **whole mediumship** to the spirit world and recipients on earth
- The value of **diverse approaches**, styles, and methods of mediumship, each offering unique insights and challenges

- The importance of **knowing yourself**, and how your life will continue to have an impact on your mediumship
- **Your “architect’s plan”** that was created before your birth and why your soul is drawn to communicating with other souls
- The faculties — clairs — that are contained within your soul to **enhance your mediumship**
- The use of the faculties to develop communication with **incarnate and discarnate souls**

Unit 1 Classes and Sessions:

- **Unit 1, Class 1 - The Whole Medium** (Tuesday, January 7, 2025)
- **Unit 1, Class 2 - Know Thyself** (Tuesday, January 14)
- **Unit 1, Class 3 - Soul, Spirit, and the Architect's Plan** (Tuesday, January 21)
- **Unit 1 - Master Practitioner Session with Suzanne Giesemann** (Tuesday, January 28)

You’ll also have weekly Mentorship Circle meetings.

Unit 2: Building the Bridge for Mind-to-Mind & Soul-to-Soul Communication

In this unit, you’ll:

- Recognize the **energy field** that surrounds everything
- Understand the difference between **communicating through the mind** and the soul
- Identify different strategies to strengthen **soul-to-soul communication**
- Realize the importance of **psychic awareness** and communication to help with your mediumship
- Learn how to recognize your power, understand what it can be used for, and build it in a **step-by-step** way
- Become aware of the **chakra energy centers** in your body and their uses, both physically and symbolically, for internal power building
- Practice different ways of **building power**
- Develop and use **psychic links**

- Gain an understanding of the difference between linking with yourself and the **spirit world**

Unit 2 Classes and Sessions:

- **Unit 2, Class 1 - The Mind and the Aura** (Tuesday, February 4)
- **Unit 2, Class 2 - Psychic-Soul-to-Soul Communication** (Tuesday, February 11)
- **Unit 2, Class 3 - Understanding Power** (Tuesday, February 18)
- **Unit 2 - Master Practitioner Session with Suzanne Giesemann** (Tuesday, February 25)

You'll also have weekly Mentorship Circle meetings.

Unit 3: Foundations for Working With Other Souls

In this unit, you'll:

- Understand the **impact** that everything external and internal has on your mediumship
- Comprehend different **forms of awareness**, both internal and external
- Realize the importance of **developing awareness** to enhance your mediumship
- Discern how to develop **advanced observation**
- Begin to **develop your toolbox** by adding experiences that the spirit world can use
- Gain an awareness of the **partnership with the spirit world** and how to blend properly to achieve real communication
- Realize the need to **have belief** in the process of spirit communication
- Acknowledge the impact **your growing sensitivity** will have on you and your family
- See how to set stronger foundations with the practice of **journaling**
- Develop a greater understanding of **spirit communication**
- **Gain more skills** to enhance spirit communication
- Explore how to **blend with an incarnate soul**
- Acquire and use **mediumistic links**

Unit 3 Classes and Sessions:

- **Unit 3, Class 1 - Awareness, Blending & Belief** (Tuesday, March 4)
- **Unit 3, Class 2 - Safeguarding** (Tuesday, March 11)
- **Unit 3, Class 3 - Mediumship for Communication** (Tuesday, March 18)
- **Unit 3 - Master Practitioner Session with Suzanne Giesemann**
(Tuesday, March 25)

You'll also have weekly Mentorship Circle meetings.

April Practicum Month for Psychic Exercises

Your training throughout this month involves an interactive blend of Mentorship Circles and insightful reflection periods. You'll begin to conduct psychic readings for new people, stimulating your growth and development as a medium. You'll also participate in practice sessions with other students from another circle, each offering a unique opportunity to expand your experiences and strengthen your skills. Post-session, you'll reflect on and conduct a thoughtful analysis of your experiences, using specially designed analysis sheets to record and evaluate your progress, which you'll submit to your teacher for feedback.

Part II: Exploring the Spirit World & the Ethics of Communication

Unit 4: Uncovering Death's Mysteries to Enhance Life's Journey

In this unit, you'll:

- Receive a complete awareness of what happens when **the body dies** and the soul and spirit move on, as well as how to develop effective communication
- Explore the realization that we are still **real people** when we die, and we retain our personalities and experiences

- Begin to understand that **grief occurs in both worlds**, and that there is a need for healing in the two
- Identify what happens as we move between the **worlds within worlds**
- Understand what those in the **spirit world need** from the medium to allow them to communicate effectively
- Realize the importance of allowing the spirit world to **speak directly** to their loved ones
- Learn how to **control your mind** so that you don't interfere with the communication
- Gain an awareness of your soul's ability to **quiet your mind**
- Allow the **spirit world** to speak directly to their loved ones
- Develop practices to **build links** with the spirit world
- **Observe** other working mediums

Unit 4 Classes and Sessions:

- **Unit 4, Class 1 - Worlds Within Worlds** (Tuesday, May 6)
- **Unit 4, Class 2 - What the Spirit World Needs from You** (Tuesday, May 13)
- **Unit 4, Class 3 - Lion and the Lamb** (Tuesday, May 20)
- **Unit 4 - Master Practitioner Session with Suzanne Giesemann** (Tuesday, May 27)

You'll also have weekly Mentorship Circle meetings.

Unit 5: Different Forms of Communication for Ethical Mediums

In this unit, you'll:

- Realize **deeper levels** of the delicacy of this work
- Understand the **specific impacts** of mediumship on your mind and those of others
- Take a greater level of **responsibility** for the importance of each word and deed
- Receive insights into the **highest level of ethical and moral approaches** to mediumship practice

- Learn strategies to ensure that you have a real understanding of the **boundaries of mediumship**
- Gain an awareness of the **range of topics** and how best they can be addressed in your role as a medium
- Develop methods for **attunement**
- Understand the difference between **passive and active practice**
- Better understand the communication **needs of the spirit world**
- Develop your own toolbox so the spirit world can use your specific tools to **communicate**
- Identify more sophisticated internal measurements for what **good evidence** means to you
- Work on the delivery of a **range of evidence** as an ethical medium
- Learn skills for **blending psychic and mediumistic links**

Unit 5 Classes and Sessions:

- **Unit 5, Class 1 - Ethics/Morals** (Tuesday, June 3)
- **Unit 5, Class 2 - Contemplation, Meditation, and Guided Journey** (Tuesday, June 10)
- **Unit 5, Class 3 - Evidence Types** (Tuesday, June 17)
- **Unit 5 - Master Practitioner Session with Suzanne Giesemann** (Tuesday, June 24)

You'll also have weekly Mentorship Circle meetings.

Unit 6: Working Guides & Inspirers and Developing Private Sitting Skills

In this unit, you'll:

- Understand what the role of a **guide** is on your journey as a medium
- Gain an awareness of the role of **inspirers**
- Realize the range of work these two roles perform in all aspects of your mediumship
- Acquire strategies to **communicate with guides and inspirers** in a clear and actionable way
- Develop skills in **analyzing mediumistic communication**

- Understand the importance of **private sittings** to both worlds, when done correctly
- Expand your capacity to provide **real evidence** for sitters, key for creating transformative impact
- Explore the full **range of evidence** that can be provided by the spirit world
- Become aware of the conversation and back-and-forth required with the **person in spirit**
- Recognize approaches for allowing the essence of the communicator to be felt by the recipient
- Gain an understanding of how to allow those in the spirit world to **unfold their stories**
- Learn how to do **private settings** effectively
- Develop conversational skills with **people in spirit**

Unit 6 Classes and Sessions:

- **Unit 6, Class 1 - Guides and Inspirers** (Tuesday, July 1)
- **Unit 6, Class 2 - Importance of Private sittings** (Tuesday, July 8)
- **Unit 6, Class 3 - The Conversation** (Tuesday, July 15)
- **Unit 6 - Master Practitioner Session with Suzanne Giesemann** (Tuesday, July 22)

You'll also have weekly Mentorship Circle meetings.

August Practicum Month for Mediumship Exercises

Your training throughout this month involves an interactive blend of Mentorship Circles and insightful reflection periods. You'll begin to conduct mediumship readings for new people, stimulating your growth and development as a medium. You'll participate in practice sessions with other students from another circle, each offering a unique opportunity to expand your experiences and strengthen your skills. Post-session, you'll reflect on and conduct a thoughtful analysis of your experiences, using specially designed analysis sheets to record and evaluate your progress, which you'll submit to your teacher for feedback.

Part III: Spiritual, Historical & Craft Aspects of Mediumship

Unit 7: Understanding the God Source, Inspiration & History of Mediumship

In this unit, you'll:

- Understand what the **God Source** is and how we are all connected
- Realize the **spark of God** is within us all
- Be inspired by the experience of the **pioneers of spiritualism and mediumship**
- Honor the ways that we stand on the **shoulders of giants**
- Understand your **heritage and role** in moving mediumship forward
- Differentiate between **mediumship and spiritualism**
- **Challenge your thinking** about the type of medium you want to become
- Experience an **awareness** of the knowledge and understanding you have gained
- Recall prior learning and build a **knowledge bank** from the history of mediumship
- Refine skills for both **private and gallery mediumship**

Unit 7 Classes and Sessions:

- **Unit 7, Class 1 - God Source** (Tuesday, September 2)
- **Unit 7 - Master Practitioner Session with Suzanne Giesemann** (Tuesday, September 9)
- **Unit 7, Class 2 - Review** (Tuesday, September 16)
- **Rosh Hashanah - No Class** (Tuesday, September 23)
- **Unit 7, Class 3 - History of Modern-Day Spiritualism** (Tuesday, September 30)

You'll also have weekly Mentorship Circle meetings.

Unit 8: Experience the Craft in All Aspects of Mediumship

In this unit, you'll:

- Realize the ethical need for **concise private sitting** introductions
- Understand the difference between the needs of those receiving private sittings and those attending **gallery demonstrations**
- Gain the ability to deliver both introductions and inspiration, and understand the impact of **inspirational speaking** on the minds and lives of people in need
- Achieve an awareness of the **range of elements** required to deliver mediumship effectively, and with panache
- Become aware of the language used to **deliver mediumship**, and its impact on the recipient and the person in spirit
- Examine different styles of mediumship and **analyze the merits** of each
- Develop an awareness of **your own style** and ability in mediumship
- Understand why the spirit world and not the recipient needs to **provide the evidence**
- Recognize how to **receive communication** and not make it fit
- **Learn to deliver** private sitting and gallery introductions

Unit 8 Classes and Sessions:

- **Unit 8, Class 1 - Inspiration and Clear Introductions** (Tuesday, October 7)
- **Unit 8, Class 2 - Craft and Delivery** (Tuesday, October 14)
- **Unit 8, Class 3 - Gallery Experience** (Tuesday, October 21)
- **Unit 8 - Master Practitioner Session with Suzanne Giesemann** (Tuesday, October 28)

You'll also have weekly Mentorship Circle meetings.

Unit 9: Review Your Progress & Design the Path Forward

In this unit, you'll:

- **Review the “whole medium”** and record how you have moved toward achieving it
- Examine the areas of the “whole medium” that will help you with further **mediumistic development**
- **Reflect upon your own learning** and practice throughout the year, revisit all the topics covered, and raise any areas that need further explanation or development
- Reflect upon your knowledge and understanding of the spirit world and their needs, as they are your **partners on this journey**
- Communicate with **your guides and inspirers** to receive insights into the future
- Reflect upon your experience of **journaling** and the impact on your development
- Reflect upon the additional input/time/activity you have applied during the year to **enhance your delivery**, understanding, and learning
- **Celebrate your successes** and progress and use them to support your forward journey
- Analyze the difference between the **mechanical medium** and the whole medium
- **Write a review** of your experience in the program this year
- **Advance your understanding** and practical delivery of private sittings and gallery demonstrations

Unit 9 Classes and Sessions:

- **Unit 9, Class 1 - Review** (Tuesday, November 4)
- **Unit 9, Class 2 - Developing the Next Steps** (Tuesday, November 11)
- **Unit 9, Class 3 - Needs of the Group** (Tuesday, November 18)
- **Unit 9 - Master Practitioner Session with Suzanne Giesemann and Final Celebration with Jean & Suzanne** (Tuesday, December 2)

You'll also have weekly Mentorship Circle meetings.
