



The Evidential Mediumship Academy – Essentials Training

Full Program Syllabus

Begin a life-changing spiritual journey, building your capacity to serve as a conduit for accurate evidential communication with the spirit world.

Build a strong foundation for becoming an effective evidential medium who compassionately serves those on both sides of the veil — while gaining personal, professional, and metaphysical wisdom and skills that continue to blossom over time.

Part I: Understanding the Whole Medium

Unit 1: Understanding Yourself, the Spirit World & Ethical Mediumship

In this unit, you'll explore:

- Mavis Pittilla's holistic, professional, and authentic approach to **evidential mediumship** training that focuses on nurturing the "whole medium," not just the mechanical aspects of mediumship
- A broader understanding of your physical and spiritual nature, fostering deeper **self-awareness** and connection
- The importance of "**whole mediumship**" to both the spirit world and recipients on Earth

- The value of **diverse approaches**, styles, and methods of mediumship, each offering unique insights and challenges
- The importance of **knowing yourself**, and how your own life impacts your mediumship
- **Your “architect’s plan”** that was created before your birth and why your soul is drawn to communicating with other souls
- The faculties — clairs — that are contained within your soul, to **enhance your mediumship**
- The use of the faculties to develop communication with **incarnate and discarnate souls**

Unit 1 Classes and Sessions:

Day	Date	Title
Tues	Jan 5	Unit 1, Class 1 - The Whole Medium
Tues	Jan 12	Unit 1, Class 2 - Know Thyself
Tues	Jan 19	Unit 1, Class 3: Soul, Spirit, and the Architect's Plan
Tues	Jan 26	Unit 1 Masterclass Session with Suzanne Gieseemann

You'll also have weekly Mentorship Circle meetings.

Unit 2: Building the Bridge for Mind-to-Mind & Soul-to-Soul Communication

In this unit, you'll:

- Recognize the **energy field** that surrounds everything
- Understand the difference between **communicating through the mind** and through the soul
- Identify different strategies for strengthening **soul-to-soul communication**
- Realize the importance of **psychic awareness** and communication in your mediumship
- Learn **how to recognize your power**, understand what it can be used for, and how to build it step-by-step

- Become aware of the **chakra energy centers** in your body and their uses, both physically and symbolically, for internal power building
- Practice different ways of **building power**
- Develop and use **psychic links**
- Gain an understanding of the difference between linking with yourself and with the **spirit world**

Unit 2 Classes and Sessions:

Day	Date	Title
Tues	Feb 2	Unit 2, Class 1: The Mind and the Aura
Tues	Feb 9	Unit 2, Class 2: Understanding Power
Tues	Feb 16	Unit 2, Class 3: Psychic-Soul-to-Soul Communication
Tues	Feb 23	Unit 2 Masterclass Session with Suzanne Giesemann

You'll also have weekly Mentorship Circle meetings.

Unit 3: Foundations for Working With Other Souls

In this unit, you'll:

- Understand the **impact** that everything, external and internal, has on your mediumship
- Comprehend different **forms of awareness**, both internally and externally
- Realize the importance of **developing awareness** in enhancing your mediumship
- Discern how to develop **advanced observation**
- **Develop your toolbox** by adding experiences that can be useful to the spirit world
- Gain an awareness of the **partnership with the spirit world** and how to “blend” properly to achieve authentic communication
- Examine the necessity of **believing in the process** of spirit communication
- Acknowledge the impact **your growing sensitivity** will have on you and your family

- Learn how to set stronger foundations with the practice of **journaling**
- Develop a greater understanding of **spirit communication**
- **Gain more skills** for enhancing spirit communication
- Explore **how to “blend”** with an incarnate soul
- Acquire and use **mediumistic links**

Unit 3 Classes and Sessions:

Day	Date	Title
Tues	Mar 2	Unit 3, Class 1: Awareness, Blending & Belief
Tues	Mar 9	Unit 3, Class 2: Safeguarding
Tues	Mar 16	Unit 3, Class 3: Ethics & Morals
Tues	Mar 23	Unit 3 Masterclass Session with Suzanne Gieseemann

You'll also have weekly Mentorship Circle meetings.

April Practicum Month for Psychic Exercises

In your Part I Practicum, you'll expand your experiences and strengthen your skills, furthering your growth and development as a medium, by **conducting psychic readings** in practice sessions with fellow students from a different Mentorship Circle. After each practice reading, the sitter will fill out a feedback form for the reader reflecting on the accuracy of the data the reader picked up and relayed.

Part II: Exploring the Spirit World & the Ethics of Communication

Unit 4: Uncovering Death's Mysteries to Enhance Life's Journey

In this unit, you'll:

- Learn **what happens when the body dies** and the soul and spirit move on

- Explore how **the "Self" does not die** when our bodies do — we retain our personalities and experiences
- Learn how to **develop effective communication** with the spirit world
- Begin to understand that **grief occurs in both worlds**, and that there is a need for healing in both
- Identify what happens as we move between the **“Worlds Within Worlds”**
- Gain insight into **what those in the spirit world need** from the medium to allow them to communicate effectively
- Realize the importance of allowing the spirit world to **speak directly** to their loved ones — and how to facilitate that
- Learn how to **manage your thoughts** so that you don’t interfere with the communication
- Gain an awareness of your soul’s ability to **quiet your mind**
- Develop practices for **building links** between the spirit world and ours
- **Observe** other working mediums

Unit 4 Classes and Sessions:

Day	Date	Title
Tues	May 4	Unit 4, Class 1: Mediumship for Communication
Tues	May 11	Unit 4, Class 2: Worlds Within Worlds
Tues	May 18	Unit 4, Class 3: What the Spirit World Needs from You
Tues	May 25	Unit 4 Masterclass Session with Suzanne Gieseemann

You’ll also have weekly Mentorship Circle meetings.

Unit 5: Different Forms of Communication for Ethical Mediums

In this unit, you’ll:

- Examine the **deeper levels** of the delicacy of this work
- Explore the **specific impacts** of mediumship on your mind and those of others
- Take a greater level of **responsibility** for the importance of every word and deed

- Receive insights into the **highest levels of ethical and moral approaches** to mediumship practice
- Learn strategies to ensure that you have a clear understanding of the **boundaries of mediumship**
- Gain an awareness of the **range of topics** that could come up during a reading — with best practices on how they can be addressed in your role as a medium
- Develop **attunement methods**
- Examine the difference between **passive and active practice**
- Better understand the **communication needs of the spirit world**
- Identify more sophisticated internal measurements for what **good evidence** means to you
- Work on how to deliver a **range of evidence** as an ethical medium
- Learn skills for **blending psychic and mediumistic links**

Unit 5 Classes and Sessions:

Day	Date	Title
Tues	Jun 1	Unit 5, Class 1: Lion and the Lamb
Tues	Jun 8	Unit 5, Class 2: Spiritual Knowledge And Understanding
Tues	Jun 15	Unit 5, Class 3: Evidence Types
Tues	Jun 22	Unit 5 Masterclass Session with Suzanne Gieseemann

You'll also have weekly Mentorship Circle meetings.

Unit 6: Working Guides & Inspirers and Developing Private Sitting Skills

In this unit, you'll:

- Understand what **the role of a guide** is on your journey as a medium
- Gain an awareness of the role of **inspirers**
- Realize the range of work these **two roles** perform in all aspects of your mediumship

- Acquire strategies to **communicate with guides and inspirers** in a clear and actionable way
- Develop skills in **analyzing mediumistic communication**
- Understand the importance of private sittings to **both worlds**
- Expand your capacity to provide **real evidence** for sitters, a key component for creating transformative impact
- Explore the full **range of evidence** that can be provided by the spirit world
- Become aware of the conversational back-and-forth required with the **person in spirit**
- Recognize approaches for allowing the essence of the person in spirit to be felt by the recipient
- Gain an understanding of how to allow those in the spirit world to **unfold their stories**
- Learn how to conduct **private sittings** effectively
- Develop conversational skills with **people in spirit**

Unit 6 Classes and Sessions:

Day	Date	Title
Tues	Jul 6	Unit 6, Class 1: Guides and Inspirers
Tues	Jul 13	Unit 6, Class 2: Importance of Private Sittings
Tues	Jul 20	Unit 6, Class 3: The Conversation
Tues	Jul 27	Unit 6 Masterclass Session with Suzanne Gieseemann

You'll also have weekly Mentorship Circle meetings.

August Practicum: Dedicated to Mediumship Practice

In your Part II Practicum, you'll expand your experiences and strengthen your skills, furthering your growth and development as a medium, by conducting **mediumship readings** in practice sessions with fellow students from a different Mentorship Circle. After each practice reading, the sitter will fill out a feedback form for the reader reflecting on the accuracy of the data the reader picked up and relayed.

Part III: Spiritual, Historical & Craft Aspects of Mediumship

Unit 7: Understanding the God Source, Inspiration & History of Mediumship

In this unit, you'll:

- Understand what the **God Source** is and how we are all connected
- Realize the **spark of God** is within us all
- Receive inspiration from the experiences of the **pioneers of spiritualism and mediumship**
- Honor the ways in which we stand on the shoulders of giants — **those who came before us**
- Understand **your mediumship heritage** and your role in moving mediumship forward
- Differentiate between **mediumship and spiritualism**
- **Challenge your thinking** about the type of medium you want to become
- Reflect on your prior learnings and **build a knowledge bank** by drawing from the history of mediumship
- Refine your skills for both **private and gallery mediumship**

Unit 7 Classes and Sessions:

Day	Date	Title
Tues	Sep 7	Unit 7, Class 1: Psychic Assessments
Tues	Sep 14	Unit 7, Class 2: God Source
Tues	Sep 21	Unit 7, Class 3: Modern-Day Spiritualism
Tues	Sep 28	Unit 7 Masterclass Session with Suzanne Giesemann

You'll also have weekly Mentorship Circle meetings.

Unit 8: Experience the Craft in All Aspects of Mediumship

In this unit, you'll:

- Realize **the ethical need** for concise private sitting introductions
- Understand the difference between the needs of those receiving private sittings and those attending **gallery demonstrations**
- Gain the ability to deliver both introductions and inspiration, and understand the impact of **inspirational speaking** on the minds and lives of people in need
- Explore the **range of elements** required to deliver mediumship in an effective and engaging way
- Become aware of the **language used** to deliver mediumship, and its impact on both the recipient and the person in spirit
- Examine different styles of mediumship and **analyze the merits** of each
- Develop an awareness of **your own style and ability** in mediumship
- Understand why the spirit world — not the recipient — needs to **provide the evidence**
- Recognize how to **receive communication** without trying to make it fit preconceived expectations
- Learn **how to deliver introductions** in both private sittings and gallery demonstrations

Unit 8 Classes and Sessions:

Day	Date	Title
Tues	Oct 5	Unit 8, Class 1: Inspiration
Tues	Oct 12	Unit 8, Further Craft and Delivery
Tues	Oct 19	Unit 8, Class 3: Gallery Experience
Tues	Oct 26	Unit 8 Masterclass Session with Suzanne Giesemann

You'll also have weekly Mentorship Circle meetings.

Unit 9: Review Your Progress & Design the Path Forward

In this unit, you'll:

- Review the attributes of **being a “whole medium”** and record how you have moved toward achieving that status
- Examine the areas of “whole mediumship” that will help you with further your **mediumistic development**
- **Revisit your own learning** and practice throughout the past year, review the topics covered, and raise any areas that need further explanation or development
- Reflect upon your knowledge and understanding of the needs of the spirit world, as they are your **partners on this journey**
- Communicate with your guides and inspirers to **receive insights into the future**
- Reflect upon your experience of **journaling** and its impact on your development
- Examine the additional input, time, and activity you have applied during the year to **enhance your delivery**, understanding, and learning
- **Celebrate your successes** and progress, and use them to support your journey forward
- **Analyze the difference** between the mechanical medium and the “whole medium”
- **Write a review** of your experience in the year-long program
- **Advance your understanding** and practical delivery of private sittings and gallery demonstrations

Unit 9 Classes and Sessions:

Day	Date	Title
Tues	Nov 2	Unit 9, Class 1: Are You The Whole Medium?
Tues	Nov 9	Unit 9, Class 2: Developing the Next Steps
Tues	Nov 16	Unit 9, Class 3: Individual Needs
Tues	Nov 30	Unit 9 Masterclass Session with Suzanne Gieseemann and Final Celebration with Jean & Suzanne

You'll also have weekly Mentorship Circle meetings.
