



# Applied Somatic Healing Certification

## Full Program Schedule

**Color key**  
**Class (49 sessions):** Tuesdays 8am Pacific  
**Integration (25 sessions):** twice a month 9am Pacific  
**Guest Faculty:** select Thursdays (Integration Session skip week)  
**Holidays / Vacations / No class**

**Add to your Calendar:**  
[Google Calendar](#)  
[Download Calendar](#)

### Unit 1

Day	Date	Title
Tues	Mar 18	<b>Orientation &amp; Community Gathering</b>
Tues	Mar 25	<b>Unit 1, Class 1</b>
Thurs	Mar 27	<b>Integration Session</b>
Tues	Apr 1	<b>Unit 1, Class 2</b>
Tues	Apr 8	<b>Unit 1, Class 3</b>
Thurs	Apr 10	<b>Integration Session</b>
Tues	Apr 15	<b>Unit 1, Class 4</b>
Tues	Apr 22	<b>Unit 1, Class 5</b>
Thurs	Apr 24	<b>Integration Session</b>
Tues	Apr 29	<b>Unit 1, Class 6</b>

Tues	May 6	<b>Unit 1, Class 7</b>
Thurs	May 8	<b>Integration Session</b>

## Unit 2

Day	Date	Title
Tues	May 13	<b>Unit 2, Class 1</b>
Tues	May 20	<b>Unit 2, Class 2</b>
Thurs	May 22	<b>Integration Session</b>
Tues	May 27	<b>Unit 2, Class 3</b>
Tues	Jun 3	<b>Unit 2, Class 4</b>
Thurs	Jun 5	<b>Integration Session</b>
Tues	Jun 10	<b>Unit 2, Class 5</b>
Thurs	Jun 12	<b>Guest Faculty Workshop with John Stuart Reid</b>
Tues	Jun 17	<b>Unit 2, Class 6</b>
Thurs	Jun 19	<b>No Class</b>
Tues	Jun 24	<b>Unit 2, Class 7</b>
Thurs	Jun 26	<b>Integration Session</b>

## Unit 3

Day	Date	Title
Tues	Jul 1	<b>No Class - Summer Break July 1 - July 8</b>
Tues	Jul 15	<b>Unit 3, Class 1</b>
Thurs	Jul 17	<b>Integration Session</b>
Tues	Jul 22	<b>Unit 3, Class 2</b>
Tues	Jul 29	<b>Unit 3, Class 3</b>
Thurs	Jul 31	<b>Integration Session</b>
Tues	Aug 5	<b>Unit 3, Class 4</b>

Tues	Aug 12	<b>Unit 3, Class 5</b>
Thurs	Aug 14	<b>Integration Session</b>
Tues	Aug 19	<b>Unit 3, Class 6</b>
Tues	Aug 26	<b>Unit 3, Class 7</b>
Thurs	Aug 28	<b>Integration Session</b>

## Unit 4

Day	Date	Title
Tues	Sep 2	<b>Unit 4, Class 1</b>
Tues	Sep 9	<b>Unit 4, Class 2</b>
Thurs	Sep 11	<b>Integration Session</b>
Tues	Sep 16	<b>Unit 4, Class 3</b>
Tues	Sep 23	<b>No Class - Rosh Hashanah</b>
Tues	Sep 30	<b>Unit 4, Class 4</b>
Thurs	Oct 2	<b>No Class - Yom Kippur</b>
Tues	Oct 7	<b>Unit 4, Class 5</b>
Thurs	Oct 9	<b>Integration Session</b>
Tues	Oct 14	<b>Unit 4, Class 6</b>
Thurs	Oct 16	<b>Integration Session</b>
Tues	Oct 21	<b>Unit 4, Class 7</b>

## Unit 5

Day	Date	Title
Tues	Oct 28	<b>Unit 5, Class 1</b>
Thurs	Oct 30	<b>Integration Session</b>
Tues	Nov 4	<b>Unit 5, Class 2</b>
Tues	Nov 11	<b>Unit 5, Class 3</b>
Thurs	Nov 13	<b>Integration Session</b>

Tues	Nov 18	<b>Unit 5, Class 4</b>
Tues	Nov 25	<b>No Class - Thanksgiving Week</b>
Thurs	Nov 27	<b>No Class - Thanksgiving Week</b>
Tues	Dec 2	<b>Unit 5, Class 5</b>
Thurs	Dec 4	<b>Integration Session</b>
Tues	Dec 9	<b>Unit 5, Class 6</b>
Thurs	Dec 11	<b>Guest Faculty Workshop with Suresha Hill</b>
Tues	Dec 16	<b>Unit 5, Class 7</b>
Thurs	Dec 18	<b>Integration Session</b>
Tues	Dec 23	<b>No Class - Holiday Break Dec 23, 2024 - Jan 8, 2025</b>

## Unit 6

Day	Date	Title
Tues	Jan 13	<b>Unit 6, Class 1</b>
Thurs	Jan 15	<b>Integration Session</b>
Tues	Jan 20	<b>Unit 6, Class 2</b>
Tues	Jan 27	<b>Unit 6, Class 3</b>
Thurs	Jan 29	<b>Integration Session</b>
Tues	Feb 3	<b>Unit 6, Class 4</b>
Tues	Feb 10	<b>Unit 6, Class 5</b>
Thurs	Feb 12	<b>Integration Session</b>
Tues	Feb 17	<b>Unit 6, Class 6</b>
Tues	Feb 24	<b>Unit 6, Class 7</b>
Thurs	Feb 26	<b>Integration Session</b>

## Unit 7

Day	Date	Title
Tues	Mar 3	<b>Unit 7, Class 1</b>
Thurs	Mar 5	<b>Integration Session</b>
Tues	Mar 10	<b>Unit 7, Class 2</b>
Thurs	Mar 12	<b>Guest Faculty Workshop with George Kao</b>
Tues	Mar 17	<b>Unit 7, Class 3</b>
Thurs	Mar 19	<b>Integration Session</b>
Tues	Mar 24	<b>Unit 7, Class 4</b>
Tues	Mar 31	<b>Unit 7, Class 5</b>
Thurs	Apr 2	<b>No Class - Passover</b>
Tues	Apr 7	<b>Unit 7, Class 6</b>
Thurs	Apr 9	<b>Integration Session</b>
Tues	Apr 14	<b>Unit 7, Class 7</b>
Thurs	Apr 16	<b>Final Celebratory Session</b>