



## Sacred Sound Healer Certification

### Full Program Schedule

**Color key**

**Science & Theory (32 pre-recorded sessions): Released on Mondays at 9:00 AM Pacific (~60 mins)**

**Live Integration Sessions (8 sessions): on select Wednesdays at 9:00 AM Pacific, twice per Unit (75 mins)**

**Live Practice Pods (8 sessions): on select Wednesdays at 9:00 AM Pacific, twice per Unit (75 mins)**

**Practical Application (16 pre-recorded sessions): Released on select Wednesdays at 9:00 AM Pacific, four times per Unit Pacific (75 mins)**

**Special Live Session with ISTA Representative: Monday, February 8 at 9:00 AM Pacific (45 mins)**

**Holidays / Vacations / No class**

**Faculty**

**Practical Application Faculty:** Various

**Integration Facilitator:** Fred Johnson

**Add to your Calendar:**

[Instructions](#)

### Unit 1

Date	Title
July 6	Orientation Community Gathering
July 6	Unit 1, Class 1 - Science & Theory with David Gibson: Laws of Vibration
July 8	Practical Application 1, Session 1 with Brothers Koren: Creating a Safe Space for Transforming Inhibition & Voice Trauma

July 13	<b>Unit 1, Class 2 - Science &amp; Theory with David Gibson: Harmonic Structure of Sound</b>
July 15	<b>Practical Application 1, Session 2 with Brothers Koren: Voice Leadership for Sound Healing</b>
July 20	<b>Unit 1, Class 3 - Science &amp; Theory with David Gibson: Frequencies and Hierarchy</b>
July 22	<b>Integration Session with Fred Johnson</b>
July 27	<b>Unit 1, Class 4 - Science &amp; Theory with David Gibson: Discover the Frequency, Notes &amp; Timbre of Each Chakra — Raising Your Energy Body Vibrations</b>
July 29	<b>Practice Pod</b>
August 3	<b>Unit 1, Class 5 - Science &amp; Theory with David Gibson: Brainwave Entrainment</b>
August 5	<b>Practical Application 1, Session 3 with Brothers Koren: Voice Doses for Mental &amp; Emotional Health</b>
August 10	<b>Unit 1, Class 6 - Science &amp; Theory with David Gibson: Transform Emotions Into Pure Harmony — Releasing Emotional, Energetic &amp; Physical Blocks</b>
August 12	<b>Practical Application 1, Session 4 with Brothers Koren: Learning to Coax the Best Voice of Your Life</b>
August 17	<b>Unit 1, Class 7 - Science &amp; Theory with David Gibson: Voice Healing</b>
August 19	<b>Integration Session with Fred Johnson</b>
August 24	<b>Unit 1, Class 8 - Science &amp; Theory with David Gibson: How to Play Sound Healing Instruments</b>
August 26	<b>Practice Pod</b>

## Unit 2

Date	Title
August 31	<b>Unit 2, Class 1 - Science &amp; Theory with John Stuart Reid: The Creative Power of Sound in the Early Universe</b>
September 2	<b>Practical Application 2, Session 1 with Christine Stevens: The Science of Drumming</b>
September 7	<b>Unit 2, Class 2 - Science &amp; Theory with John Stuart Reid: The History of Sound, Light &amp; Music Therapies</b>
September 9	<b>Practical Application 2, Session 2 with Christine Stevens: 3 Keys to Creating &amp; Playing Healing Rhythms</b>
September 14	<b>Unit 2, Class 3 - Science &amp; Theory with John Stuart Reid: Foundations of Electricity, Magnetism, Electromagnetism &amp; Bio-electricity</b>
September 16	<b>Integration Session with Fred Johnson</b>
September 21	<b>Unit 2, Class 4 - Science &amp; Theory with John Stuart Reid: The Physics of Sound</b>
September 23	<b>Practice Pod</b>
September 28	<b>Unit 2, Class 5 - Science &amp; Theory with John Stuart Reid: Psychoacoustics: The</b>

	<b>Perception &amp; Sensations of Sound</b>
September 30	<b>Practical Application 2, Session 3 with Christine Stevens: Drum Massage Techniques &amp; 3 Ways to Play the Heartbeat</b>
October 5	<b>Unit 2, Class 6 - Science &amp; Theory with John Stuart Reid: Principles &amp; Laws of Cymatics, and the Science of Sonocytology</b>
October 7	<b>Practical Application 2, Session 4 with Christine Stevens &amp; Lisa Rafel: Ethics and Professional Standards</b>
October 12	<b>Unit 2, Class 7 - Science &amp; Theory with John Stuart Reid: The Role of Consciousness &amp; Intention in Healing With Sound</b>
October 14	<b>Integration Session with Fred Johnson</b>
October 19	<b>Unit 2, Class 8 - Science &amp; Theory with John Stuart Reid: Principles of Quantum Healing, Sonic Crystal Healing and Biofields</b>
October 21	<b>Practice Pod</b>

### Unit 3

<b>Date</b>	<b>Title</b>
October 26	<b>Unit 3, Class 1 - Science &amp; Theory with John Stuart Reid: The Healing Power of Light Frequencies</b>
October 28	<b>Practical Application 3, Session 1 with Barry Goldstein: The Role of Music in Heart Coherence</b>
November 2	<b>Unit 3, Class 2 - Science &amp; Theory with John Stuart Reid: Sound Frequencies for Pain Mediation</b>
November 4	<b>Practical Application 3, Session 2 with Barry Goldstein: Biohack Your Brain Using Music</b>
November 9	<b>Unit 3, Class 3 - Science &amp; Theory with John Stuart Reid: Nitric Oxide Stimulation &amp; Its Role in Healing</b>
November 11	<b>Integration Session with Fred Johnson</b>
November 16	<b>Unit 3, Class 4 - Science &amp; Theory with John Stuart Reid: Oxygen's Role in Healing: How Oxygen Binding is Powered by Sound</b>
November 18	<b>Practice Pod</b>
November 23	<b>Unit 3, Class 5 - Science &amp; Theory with John Stuart Reid: Vagus Nerve Stimulation</b>
November 25	<b>Practical Application 3, Session 3 with Barry Goldstein: Utilizing Sound as a Catalyst to Amplify Creativity</b>
November 30	<b>Unit 3, Class 6 - Science &amp; Theory with John Stuart Reid: Binaural Beats &amp; the Heterodyne Phenomenon</b>
December 2	<b>Practical Application 3, Session 4 with Barry Goldstein: Becoming the DJ of Your Life</b>

December 7	<b>Unit 3, Class 7 - Science &amp; Theory with John Stuart Reid: The Healing Power of Gongs, Tibetan Bowls, Crystal Bowls, Harps, Drums &amp; the Didgeridoo</b>
December 9	<b>Integration Session with Fred Johnson</b>
December 14	<b>Unit 3, Class 8 - Science &amp; Theory with John Stuart Reid: The Future of Frequency Medicine</b>
December 16	<b>Practice Pod</b>
December 21	<b>Holiday Break - December 21-Jan 4</b>

## Unit 4

<b>Date</b>	<b>Title</b>
January 4	<b>Unit 4, Class 1 - Science &amp; Theory with David Gibson: Designing Sound Baths and Treatments</b>
January 6	<b>Practical Application 4, Session 1 with Eileen McKusick: Tuning the Ancestral Zones of the Biofield to Lift Unhealthy Inherited Patterns and Elevate How You Look and Respond to the World</b>
January 11	<b>Unit 4, Class 2 - Science &amp; Theory with David Gibson: Sound Physiology</b>
January 13	<b>Practical Application 4, Session 2 with Eileen McKusick: The Maternal Line</b>
January 18	<b>Unit 4, Class 3 - Science &amp; Theory with David Gibson: Healing all Issues with Sound and Vibration</b>
January 20	<b>Integration Session with Fred Johnson</b>
January 25	<b>Unit 4, Class 4 - Science &amp; Theory with David Gibson: Concert Pitch and Tuning Systems</b>
January 27	<b>Practice Pod</b>
February 1	<b>Unit 4, Class 5 - Science &amp; Theory with David Gibson: Healing Modes</b>
February 3	<b>Practical Application 4, Session 3 with Eileen McKusick: The Paternal Line</b>
February 8	<b>Unit 4, Class 6 - Science &amp; Theory with David Gibson: Holding Frequency in the Face of Adversity/Challenges/Chaos</b>
February 8	<b>Special Live Session with ISTA Representative</b>
February 10	<b>Practical Application 4, Session 4 with Eileen McKusick: Reflections, Questions &amp; Group Spot Tunings</b>
February 15	<b>Unit 4, Class 7 - Science &amp; Theory with David Gibson: The Sound of Love 1 — Healing Yourself, Others &amp; the Planet Through Sound</b>
February 17	<b>Practice Pod</b>
February 22	<b>Unit 4, Class 8 - Science &amp; Theory with David Gibson: The Sound of Love 2 — Access Universal Love Through Sound</b>
February 24	<b>Integration Session with Fred Johnson</b>