

# The Emotion Code® Chart

	A	B
<p><b>1</b> HEART OR SMALL INTESTINE</p>	<p>Abandonment Betrayal Forlorn Lost Love Unreceived</p>	<p>Effort Unreceived Heartache Insecurity Overjoy Vulnerability</p>
<p><b>2</b> SPLEEN OR STOMACH</p>	<p>Anxiety Despair Disgust Nervousness Worry</p>	<p>Failure Helplessness Hopelessness Lack of Control Low Self-Esteem</p>
<p><b>3</b> LUNG OR COLON</p>	<p>Crying Discouragement Rejection Sadness Sorrow</p>	<p>Confusion Defensiveness Grief Self-Abuse Stubbornness</p>
<p><b>4</b> LIVER OR GALL BLADDER</p>	<p>Anger Bitterness Guilt Hatred Resentment</p>	<p>Depression Frustration Indecisiveness Panic Taken for Granted</p>
<p><b>5</b> KIDNEYS OR BLADDER</p>	<p>Blaming Dread Fear Horror Peeved</p>	<p>Conflict Creative Insecurity Terror Unsupported Wishy Washy</p>
<p><b>6</b> GLANDS OR SEXUAL ORGANS</p>	<p>Humiliation Jealousy Longing Lust Overwhelm</p>	<p>Pride Shame Shock Unworthy Worthless</p>